



## **Llandarcy ASC Junior Development Meet**

Sunday 17<sup>th</sup> October 2010

Neath Swimming Pool

License Number: 010WL4-071

This meet will be swum under FINA Technical Laws  
and Swim Wales Rules

- 6 lane 25m pool
- Electronic timing
- 8-12 year olds
- Events as per the Swim Wales Aquatic Pentathlon model

Meet Packs available from: [www.llandarcy-asc.co.uk](http://www.llandarcy-asc.co.uk)



Llandarcy ASC Junior Development Meet Conditions  
Sunday 17<sup>th</sup> October 2010

Neath Swimming Pool

1. In order to qualify for placing for the overall Awards swimmers must enter and swim all 5 events open to them. If they enter any less they will not be eligible for the overall award.
2. The entry fee will be £15 per competitor regardless of the amount of events they enter.
3. All Heats will be HDW
4. Age on the day
5. Entries may only be accepted from competitors registered with their home governing body (Swim Wales in Wales)
6. Swimmers must have been registered members of the club in which they are representing at least 30 days prior to the event commencing.
7. Swimmers must have achieved the standard of the Competitive Start award in order to dive in this competition. If a swimmer does not hold this award they must start in the water.
8. In the event of disqualification any swimmer who is competing in all 5 events will be given the slowest time in that event (including disqualified swimmers) plus a time penalty of 5 seconds
9. When all swims have been swum the times of all the swims will be compiled to find the overall winners in each age group
10. Awards will be presented to each age group from 1<sup>st</sup> – 6<sup>th</sup> for overall awards, which will be calculated by adding the times of all five events together.
11. Recognition will be given to the first 6 in each event.
12. All decisions made by the Meet Team will be final and binding.
13. All Health and Safety guidelines must be adhered to
14. Any person wishing to be on poolside must apply for a poolside/coaches pass

Entries

1. The closing date for entries will be 14<sup>th</sup> September 2010. We will accept entries on a first come first serve basis
2. Entries should be made by clubs only (No individual entries)
3. The qualifying standard for this event is that no swimmer can swim any event they qualified for at the Swim Wales Age Group Championships 2010 at the closing date for qualifying times at this event (e.g. Feb 2010).
4. There are no qualifying times in place.
5. Any swimmer found entering times slower than their personal best times will be removed from the entire competition, no refund will be given and they may be reported to the governing body.
6. Long Course times will not be converted.
7. We only accept electronic entries, which should be sent to: [llandarcyjuniordevelopment@yahoo.co.uk](mailto:llandarcyjuniordevelopment@yahoo.co.uk). All paperwork and payment should be sent to:  
Sian Harris  
19 Treforgan Road  
Crynant  
Neath  
SA10 8PL
8. We will only accept one entry file and one cheque per club
9. Entry summary forms should be accompanied by a payment summary sheet, poolside/coach pass applications and cheque.

Events are as Follows (Age as of day):

Girls 8, Boys 8, Boys 9,

50m Freestyle, 25m Backstroke, Breaststroke, Butterfly & 100m Individual Medley

Girls 9, Boys 10

100m Freestyle, 50m Backstroke, Breaststroke, Butterfly & 100m Individual Medley

Girls 10, Girls 11, Girls 12, Boys 11, Boys 12

200m Freestyle, 100m Backstroke, Breaststroke, Butterfly, 200m Individual Medley

### Order of Events

Session times will be confirmed after receipt of entries

#### Session 1 - Warm Up 8am start 8:50am (session times to be confirmed)

1	10 yrs	100m Freestyle
2	9 yrs	100m Freestyle
3	8 & 9 yrs	25m Backstroke
4	8 yrs	25m Backstroke
5	11 & 12 yrs	200m Individual Medley
6	10, 11 & 12 yrs	200m Individual Medley
7	10 yrs	50m Butterfly
8	9 yrs	50m Butterfly
9	8 & 9 yrs	25m Breaststroke
10	8 yrs	25m Breaststroke

#### Session 2 - Warm Up 11:30am Start 12:20pm

11	11 & 12 yrs	100m Backstroke
12	10, 11 & 12 yrs	100m Backstroke
13	9 yrs	50m Freestyle
14	8 & 9 yrs	50m Freestyle
15	10 yrs	100m Individual Medley
16	9 yrs	100m Individual Medley
17	11 & 12 yrs	100m Breaststroke
18	10, 11 & 12 yrs	100m Breaststroke
19	9 yrs	25m Butterfly
20	8 & 9 yrs	25m Butterfly

#### Session 3 - Warm Up 3pm - 3:50pm

21	11 & 12 yrs	200m Freestyle
22	10, 11 & 12 yrs	200m Freestyle
23	10 yrs	50m Backstroke
24	9 yrs	50m Backstroke
25	8 & 9 yrs	100m Individual Medley
26	8 yrs	100m Individual Medley
27	11 & 12 yrs	100m Butterfly
28	10, 11 & 12 yrs	100m Butterfly
29	10 yrs	50m Breaststroke
30	9 yrs	50m Breaststroke

Llandarcy ASC reserve the right to reject entries if this event is oversubscribed.

Entries will be accepted on a first come first serve basis. On this basis an entry must consist of the following: all paperwork: completed fully, the entry file and payment

Swimmers are not permitted to swim any event in which they qualified at the Swim Wales 2010 Age Group Championships





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Entry form

Girls 8, Boys 8, 9

Name:				DOB:		Registration No:		M/ F
Events	50m Freestyle	25m Backstroke	25m Brststroke	25m Butterfly	100m IM			
Time								

Girls 9, Boys 10

Name:				DOB:		Registration No:		M/ F
Events	100m Freestyle	50m Backstroke	50m Brststroke	50m Butterfly	100m IM			
Time								

Girls 10, 11, 12, Boys 11, 12

Name:				DOB:		Registration No:		M/ F
Events	200m Freestyle	100m Backstroke	100m Brststroke	100m Butterfly	200m IM			
Time								