



# Nexus Newsletter

September 2011

## Important Dates:

The gala that was to be held on Sunday 23<sup>rd</sup> September 2011 at Pontadawe Swimming Pool has been CANCELLED

Llanelli Open Meet  
Saturday 1<sup>st</sup> October 2011  
The Jubilee Pool, Llanelli

Nexus Club Championships  
Saturday 5<sup>th</sup> November 2011  
Merthyr Swimming Pool  
Warm Up 1pm / Start 2pm  
Closing Date: 29/10/11

Welsh Capital Open Meet  
Friday 25<sup>th</sup> November 2011 -  
Sunday 27<sup>th</sup> November 2011  
Cardiff International Pool  
(Long Course Meet)  
Closing Date: 23/9/11

Our Nexus Newsletter has been going for one year.

The aim of the newsletter has been to help our members to keep in touch with what's going on. We are always looking for ways to improve our newsletter; if you have any ideas for features you

would like to see, or events that you think should be included, please contact us. Also, if you have any photos or stories about swimming, please send these too.

To sign up for the newsletter by email, please send your details to [nexusvalleys@hotmail.co.uk](mailto:nexusvalleys@hotmail.co.uk)



## Annual General Meeting 2011

The Annual General Meeting of Nexus Valleys Swimming Club was held on Tuesday 2<sup>nd</sup> September 2011 at Glynneath Swimming Pool.



The meeting was very well supported - thank you all for attending.

A big thank you to everyone involved in the Club, particularly those involved in coaching and committee work.

Nexus Valleys Swimming Club has enjoyed a very successful year. This would not have been achieved without the excellent coaches we have within the Club. We thank you all for your time, dedication and commitment to all our swimmers.

Thank you to the all the Club Committee members of 2011 for a job very well done; thank you for the continued support of our Committee members who have been re-elected and congratulations to new members for being elected. It's fantastic to see the Club continue to prosper, both in its member growth and financially.

Thank you to Allison Green who will continue for another few months; Allison Green has been our club treasurer for many years and has done a great job in professionally addressing our financial needs.

During the meeting the following were elected:

Position	Post Held By
Chairman	David Sack
Treasurer	Allison Green
Club Secretary	Sharon Davies
Fixtures Secretary	Gayle Robson
Membership Secretary	Elizabeth Price
Welfare Officer (Female)	Marissa Jones
Welfare Officer (Male)	Jason Evans
Team Management	Sharon Davies
Swim Shop Coordinator	Darren Hancock
Committee Member	Lisa Davies
Committee Member	Teresa Harris
Committee Member	Claire Williams
Committee Member	Sarah Fowler
Committee Member	Ilona Stevenson
Committee Member	Kelly Owens

A copy of the minutes from the AGM and the financial statement for the year ended 31<sup>st</sup> March 2011 are available in the members only section of the Club website: [www.tnpsc.co.uk](http://www.tnpsc.co.uk)

## Head Coach Annual Report 2011

Hi All

Well it's that time of the year again where everybody in the swimming world around the country gets back in the training pool after the summer break to prepare for the season that lies ahead.



It is also a good time to look back on the previous year to see as a club how well we have performed and how we can make ourselves better for the new season and the challenges that lie ahead.

In every meet that we participated in we had one or more swimmers gain a medal position or final placing in junior development and in age group categories. Swimming is also about personal best times no matter what position you came, it is about bettering yourself and getting the exhilaration of breaking that time and working to be even better. This may not happen all the time and I would like parents to be supportive and not negative at that point.

Everybody without exception has worked hard last season, but I would like to make a special mention to two individuals who have gained regional places this year. The qualification times this year were extremely hard to achieve. Well done to Jordan Hughes who gained three regional times and Sophie Evans who also gained three regional times. Sophie also qualified and took part at the ASA National Championships in Sheffield, where she qualified for four events in the pool. She achieved excellent Pb's and also took first place in the 1500 open water swim.

As a club we can be as good as anybody as long as we are prepared to work hard. Once again well done to all at Nexus Valleys.

I would like to take this opportunity to wish all the very best for the future to Matt, Julia, Will and Gabi Cable. As many of you know they are emigrating to Queensland Australia very soon on what will be a very exciting time for them all. Gabi Cable has been a tremendous swimmer within the club and I know she will do very well in Australia. As they say FAIR DINKUM to you all from everybody in the club.

Kerry Dobbin  
Head Coach

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### **Parking in Merthyr Swimming Pool**

When you park in Merthyr Swimming pool please ensure your vehicle is parked within the lines of the bay. Failure to park your vehicle within the lines of the bay could result in a £30.00 fine.



### **Parking in Aberdare Swimming Pool**

Please do not park in the 'Bus Stop' outside the swimming pool as you may get fined £30.00 for illegal parking.